

Upcoming Series for Middle and High Schoolers about Sexual Integrity and Relationships

Dear Parents,

Over the next four weeks (starting Feb 14, 2024) we will be discussing Biblical perspectives about sexual integrity and relationships. Sexual integrity is guarding potential for intimacy through appropriate boundaries and mutual respect.

While the topics are similar, the content is curated differently for middle schoolers than high schoolers.

In middle school, puberty causes a new interest in sex and a new experience of sexual feelings and desires. Helping middle schoolers develop the skills of making wise choices and advocating for themselves is important. Regardless of whether they are ready to “date” or have sexual relationships, many are experiencing both or know middle schoolers who are, so it’s important to help them develop the skills to talk about it healthily and with the appropriate people, namely you, the parent or guardian.

For both high school and middle school, the points we discuss on Wednesday nights will aim to guide students into godly, Biblical perspectives that give filters to make wise choices that honor God, themselves and others.

At the high school level sex is culturally ubiquitous. Whether or not a student is having sex, they’re hearing about it, talking about it, and seeing it in movies or on social media. Giving high schoolers a safe place to talk about sex with accurate information is key to helping them develop the wisdom and skills necessary to navigate this topic in their world.

However, let me be clear, this series will not be “the talk”. We will not be describing or explaining the act of sex or intimacy. I feel that this aspect of the conversation is best discussed in the safety of the family unit.

I wanted to be sure to give you, the parent or guardian, a heads up about what we will be teaching about this subject. I know it can be an awkward and difficult topic to navigate. But we have help! As a parent of teenagers myself I don’t always have the right words or structure to breach the subject in ways that promote both open conversation and healthy, wise instruction. Our curriculum curators and writers have researched and gathered tools that will help us have wise and godly discussions with our kids about sexuality.

Below you will find the topics we will discuss as well as a QR code to digital resources you may find helpful, including a parent preview video.

If you have concerns or questions, please reach out via email, txt or phone. My contact details are as follows: brandon@cfparis.church, 903-900-8050

Sincerely,

Brandon Farr

Associate and Youth Pastor

MIDDLE SHOOOL

Series Title: Red Flags, Respect, & Relationships

A 4-week series about God's design for sexual integrity.

MIDDLE SHOOOL WEEKLY BOTTOM LINES

Week 1: God cares about what we do with our desires.

Week 2: God cares about what we do with our freedom.

Week 3: God cares about how we value ourselves and others.

Week 4: God cares about us demonstrating love before looking for love.

MEMORY VERSE

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect (Romans 12:2 NLT).

MIDDLE SCHOOL NOTES

This series focuses on a subject that's incredibly important for students in this phase: dating and sex. Even if they aren't involved in or curious about either yet, the goal is for our middle schoolers to see the value in navigating relationships and sex in a way that honors God, others, and themselves now. That's why we're pointing them toward avoiding relational red flags, choosing respect for themselves and others, and handling their dating relationships and choices with sexual integrity.

HIGH SCHOOL

Series Title: Potential

A 4-week series about dating and relationships.

HIGH SCHOOL WEEKLY BOTTOM LINES

Week 1: Who you date may be temporary, but who you will become is lasting.

Week 2: Nothing in life should hold you back from the rest of your life.

Week 3: The pressure to be with someone can cause you to settle for anything.

Week 4: Without people who make you better, you can miss out on what's best.

MEMORY VERSE

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect (Romans 12:2 NLT).

HIGH SCHOOL NOTES

Potential is a series all about... well, potential! More specifically, it's about the potential students have to make choices that honor God, others, and themselves when it comes to dating, relationships, and sex. We want them to see their own personal potential to make decisions that will lead to better, healthier relationships along with the potential for integrity for themselves and others when they choose God's best in this part of their lives.

RESOURCES

- Scan the QR code or visit <https://www.cfparis.church/parent-page>

