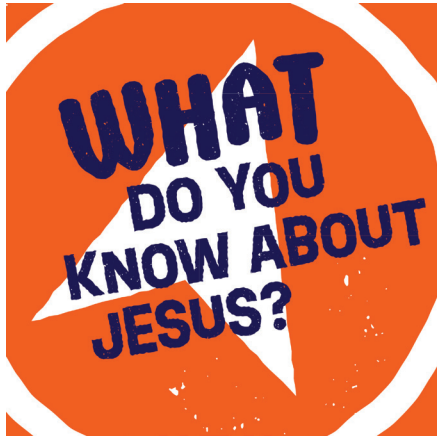


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling, starting from the top of the page and extending down to the bottom of the page.



Day 1

After watching, write one thing that:

Watch this week's episode of The So & So Show by going to: <https://bit.ly/PreteenSundaysatHome>

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

A series of horizontal dotted lines for writing answers to the three prompts, located to the right of the prompts.

## Day 2

### Read Acts 9:1-9

As you read Acts 9:1-9, look for the different senses (touch 🖐️, hearing 👂, sight 👁️, smell 🤧, and taste 🍷), and put the symbol next to it. Check the answers below to see if you found all of them.

When Saul met Jesus on the road to Damascus, everything changed for him. His entire life was affected. For a time, everything he felt, heard, saw, smelled, and tasted was affected. But for the rest of his life, Saul would see things differently because he met Jesus.



See: Light from heaven: Saul opened his eyes but couldn't see  
Touch: The ground when Saul fell; Saul's friends leading him by the hand  
Hearing: Voice from heaven  
Smell and Taste: Saul didn't eat or drink for three days

## Day 3

**Thankfully, most of us don't have to get knocked to the ground with a blinding light on a long walk to learn about Jesus.**

By now, you may have learned about Jesus at home, at church, from reading your Bible, from music you listen to, or from family or friends. But there is always more to learn about Jesus, and when you do you will see how **knowing Jesus changes how you see things.**

Ask a parent if you can go on a walk. Maybe around the neighborhood or your backyard. You can even walk around the room you're in right now. As you walk, read this prayer out loud or in your head.

"Dear God, thank You for sending Jesus to be my Savior. I want to know more about Jesus—about how He lived, and what He taught. I am thankful I met You through (wherever you first learned about Jesus) \_\_\_\_\_  
\_\_\_\_\_ and continue to learn about You [from/at] \_\_\_\_\_.

Please continue to show me who Jesus is and help me see things the way Jesus does. In His Name, I pray. Amen."

## Day 4

### What do you know about Jesus?

Make a list of a few people who know a lot about Jesus. Then find time to ask them each the three questions below. Take notes on their answers.

- What is one thing you know about Jesus?
- Name two or three characteristics of Jesus that you love.
- How do you think Jesus sees people?
- How do you think Jesus sees even the small things in your life?

Lastly, read your notes and look for similar answers. With a sentence or two, summarize what your friends and family know about Jesus. Save your notes for tomorrow.



## Day 5

**Read the left side of the list below.**

These are things that might be frustrating, worrisome, or sad in your life. Circle any that you are currently experiencing or have in the past. Now, look up these verses on the right side and draw a line to the situation that you think the verse might apply. (Hint: there's no right or wrong answer... if the verse brings you comfort, go with it!)

- |  |                  |
|--|------------------|
| You need a friend.                       | 1 Peter 5:7      |
| Someone is picking on you.               | Philippians 4:13 |
| You're really worried about your grades. | Philippians 4:19 |
| You're feeling anxious all the time.     | Psalms 23:1-3    |
| You don't feel you're "enough."          | Psalms 23:5-6    |

Pick one of the situations you circled and write the matching verse down somewhere you will see it this week. Remember the truth from God's word. Trust Jesus to help you reframe the situation.